

Bruce H. Young, LCSW



Ever learning how to become personally and professionally better prepared to minimize human suffering – be it looking to help disaster survivors and emergency workers to helping create national and state-level policies, training programs, and tools in the field of disaster mental/behavioral health.

pfa.training.programs@gmail.com

training@disastermentalhealth.com

[Website: disastermentalhealth.com](http://Website:disastermentalhealth.com)

P.O. Box 75, Santa Cruz, CA 95063

Curriculum Vitae

EDUCATION & PROFESSIONAL LICENSE

- | | | |
|--|---|--------------|
| ● UCLA | Design | 1968-1970 |
| ● University of Oregon | Bachelors of Science, Community Service | 1974 |
| ● University of Hawaii @ Manoa | Masters, Social Work | 1983 |
| ● California Licensed Clinical Social Worker | LCS13066 | 1990-present |

PROFESSIONAL AFFILIATIONS

- Chair Appointment Expert-At-Large [California Disaster Mental Health Coalition](#) 2003- present
- Faculty, [National Center for PTSD Clinical Training Program](#) 1991- present
- Consultant, Department of Health and Human Services, [Office of Minority Health](#) (2007-2009)

Past Professional Affiliations

- Consultant, Disaster Mental Health Research & Education, Dartmouth College NCPTSD (2003-2008)
- Member/Instructor Disaster Services & Human Resources, American Red Cross (1990-2002)
- Consultant, DHHS, SAMHSA, Center for Mental Health Services
- Consultant, National Association of State Mental Health Program Directors
- Consultant, San Francisco International Airport
- Consultant/Trainer, United States National Disaster Medical System
- Consultant, Federal Emergency Management Agency (FEMA)
- Reviewer, FEMA-funded Crisis Counseling & Training Programs, Center for Mental Health Services
- Member, Board of Directors, American Red Cross, Santa Cruz Chapter 1991-1995

PROFESSIONAL EXPERIENCE

- 1989 – present

National Center for Post-Traumatic Stress Disorder

Dissemination and Training Division (formerly Education & Clinical Laboratory)

Department of Veterans Affairs, Menlo Park, CA 94025

Occupational Title: Health Science Specialist (GS13)

Position: Disaster Mental Health Consultant, Policy Planner, Trainer, First Responder

Develop disaster mental health emergency systems, programs, curriculum and provide training, and consultation to government and non-government organizations including VA Central Office of Public Health, VA Disaster Emergency Medical Personnel System, VA Veteran Integrated Service Networks, American Red Cross, Federal Emergency Management Agency, US Public Health Service, Center for Mental Health Services, Department of Defense, San Francisco International Airport, DHHS Office of Minority Affairs, community hospitals, county mental health agencies, and school districts nationwide.

Education & Dissemination Specialist

Develop and disseminate multimedia educational materials for print, web, and phone apps related to provider assessment and treatment of post-traumatic stress disorder and disaster-related stress; provider self-care; survivor stress management strategies.

Research Specialist

Participant team member, various-funded projects.

Editor-in Chief (1991-2003) *National Center for PTSD Clinical Quarterly*

National Center for PTSD Clinical Quarterly (international distribution).

- 2009 – present

Disaster Mental Health Provider Support Network

Position: Creator and Administrator

International online community (linkedin.com) dedicated to providing support, information, and other resources for allied mental health professionals.

- 2010 – present

Department of Veterans Affairs, National Emergency Medical Field Advisory Committee

Position: Committee Member representing mental health membership

Policy reviewing committee for National Emergency Medical Response Teams.

SELECTED PUBLICATIONS

Young, B.H., (2006). The immediate response to disaster: Guidelines for adult psychological first aid. In E.C. Ritchie, P.J. Watson, & M.J. Friedman (Eds.), Interventions following mass violence and disasters, (pp.134-154). Guilford Press. New York.

Young, B.H., Ruzek, J.I., Wong, M., Salzer, M., & Naturale, A. (2006). Disaster mental health training: Guidelines, considerations, and recommendations. In E.C. Ritchie, P.J. Watson, & M.J. Friedman (Eds.), Interventions following mass violence and disasters, (pp. 54-79). Guilford Press. New York.

Young, B.H. (2002). Emergency Outreach: Navigational and brief screening guidelines for working in large group settings following catastrophic events. NCPTSD Clinical Quarterly Young, 11, 1-7.

Young, B.H., Ruzek, J.I., & Gusman, F.D. (1999). Disaster mental health: Current status and future directions. New Directions for Mental Health Services, 82, 53-64.

Young, B.H., Ruzek, J.I., & Ford, J.D. (1999). Cognitive-behavioral group treatment for disaster-related PTSD. In B.H. Young & D.D. Blake (Eds.), Group treatments for post-traumatic stress disorder (pp. 149-200). Philadelphia: Taylor & Francis Publishers.

Young, B.H., & Blake, D.D. (Eds.). (1999). Group treatments for post-traumatic stress disorder: Philadelphia: Taylor & Francis Publishers.

Young, B.H., Ford, J.D., Ruzek, J.I., Friedman, M.F., & Gusman, F.D. (1998). Disaster mental health services: A guidebook for clinicians and administrators. St. Louis, MO: Department of Veterans Affairs Employee Education System, National Media Center.

Young, B.H. (1998). Evaluating stress debriefing: Some considerations. Emergency Support Network, 4, 2.

Young (aka Hiley-Young), B.H., Blake, D.D., Abueg, F.R., Gusman, F.D., & Rozytko, V. (1995). Warzone violence in Vietnam: A review and examination of premilitary, military, and postmilitary factors. Journal of Traumatic Stress, 8, 125-141.

Young (aka Hiley-Young), B.H. & Gerrity, E. (1994). Critical incident stress debriefing (CISD): Value and limitations in disaster response. National Center for Post-Traumatic Stress Disorder Clinical Quarterly, Vol. 4 (2), 17-19.

Young (aka Hiley-Young), B.H. (1992). Trauma reactivation and treatment: Integrated case examples. Journal of Traumatic Stress, 5, 545-555.

Young, B.H., & Giles, S. (1992). Secondary prevention with high risk children in an elementary school. National Center for PTSD: A Clinical Newsletter, Vol. 1 (4).

Young (aka Hiley-Young), B.H. (1990). Facilitating cognitive-emotional congruence in anxiety disorders during self-determined cognitive change: An integrated model. Journal of Cognitive Psychotherapy: An International Quarterly, 4, 229-240.

Abeug, F. R. & Young, B. H. (2007). Cognitive Behavioral Therapy in Disaster: Psychological First Aid, Relaxation, Coping Skills Training and Direct Therapeutic Exposure. In V.E. Caballo (Ed.), Manual para o tratamento cognitivo comportamental de novos transtornos psicológicos (Handbook for cognitive-behavioral interventions with psychological disorders). Sao Paulo, Brazil: Editora Santos.

Gibson, L.E., Ruzek, J.I., Naturale, A.J., Watson, P.J., Bryant, R. A., Rynearson, T., Young, B.H., & Hamblen, J.L. (2006). Interventions for individuals after mass violence and disaster: Journal of Trauma Practice, 5, 1-28.

Gusman, F.D., Stewart, J.S., Hiley-Young, B., Riney, S.J., Abueg, F.R., & Blake, D.D. (1996). A multi-cultural developmental approach for treating trauma. In A. J. Marsella, M. J. Friedman, E. T. Gerrity, & R. M. Scurfield (Eds.), Ethnocultural aspects of posttraumatic stress disorder: Issues, research, and clinical applications (pp. 439-457). Washington, DC. American Psychological Association.

Norris, F.H., Hamblen, J.L., Watson, P.J., Ruzek, J.I., Gibson, L.E., Pfefferbaum, B.J., Price, J.L., Stevens, S.P., Young, B.H., & Friedman, M.J. (2006). Toward understanding and creating systems of postdisaster care: A case study of New York's response to the World Trade Center Disaster. In E.C. Ritchie, P.J. Watson, & M.J. Friedman (Eds.), Interventions following mass violence and disasters, (pp. 343-364). Guilford Press. New York.

Ruzek, J.I., Young, B.H., & Walser, R. (2003). Group treatment of posttraumatic stress disorder and other trauma-related problems. Primary Psychiatry, 8, 53-57.

Gurwitch, R.H., Sitterle, K.A., Young, B.H., & Pfefferbaum, B.C. (2002). Helping children cope with disasters and terrorism. In A.M. LaGreca, W.K. Silverman, E.M. Vernberg, M.C. Roberts (Eds), The aftermath of terrorism, (pp. 327-357). Washington: American Psychological Association.

Ruzek, J.I., Young, B.H., & Friedman, M.J. (2000). Emergency psychiatry and disaster response. Journal of the American Association for Emergency Psychiatry, 6, 44-51.

Kim-Goh, M., Suh, C., Young, B.H., Drescher, K., & Blake, D.D. (2000). The mental health impacts of community disaster: Korean-American victims of the Los Angeles Riot. In M.J. Zakour (Ed.) Disaster and traumatic stress research and intervention, Tulane studies in social welfare, vol. xxi-xxii, pp. 177-187. New Orleans: Tulane University.

Kim -Goh, M., Suh, C., Blake, D.D., & Young, B.H. (1995). The psychological impact of the Los Angeles Riots on Korean- American victims and implication for treatment. Journal of Orthopsychiatry, 65, 138-146.

Ruzek, J.I., Young, B.H., Cordova, M.J., & Flynn, B.W. (2004). Integration of Disaster Mental Health Services with Emergency Medicine. Prehospital and Disaster Medicine, 19, 46-53.